

# LUNCH

## February 2012

# K-6 Lunch Menu

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
|  |  | 1<br>Cheeseburger on Ww Bun<br>Baked Beans<br>Corn<br>Mixed Fruit                         | 2<br>Ww Pizza/Variety<br>Tossed Salad with Romaine<br>Strawberries                | 3<br>Tuna on Ww Bread<br>Baby Carrots<br>Multigrain Sunchips<br>Fresh Apple  |
| 6<br>Breakfast for Lunch<br>Baked Beans<br>Banana                            | 7<br>Shepherd's Pie<br>Ww Roll<br>Brussel Sprouts<br>Pears                           | 8<br>Turkey & Cheese<br>Leaf Lettuce<br>Baby Carrots<br>Multigrain Chips<br>Apple         | 9<br>Ww Pizza/Variety<br>Tossed Salad with Tomatoes &<br>Romaine<br>Fresh Oranges | 10<br>Meatball Subs<br>Chickenburger<br>Multigrain Sunchips<br>Pickles<br>Fresh Apple  |
| 13<br>Corn Dogs<br>Cole Slaw<br>Curly Fries<br>Baked Beans<br>Mixed Fruit    | 14<br>Roast Turkey & Gravy<br>Squash<br>Mashed Potato<br>Peas – Cranberry<br>Peaches | 15<br>Chicken Nuggets<br>Rice Pilaf<br>Spinach<br>Black Beans<br>Pears                    | 16<br>Ww Pizza/Variety<br>Tossed Salad with Cucumbers<br>Pineapple Tidbits        | 17<br><b>**Early Release**</b><br>PB& Jelly on Ww Bread<br>Turkey & Cheese on Ww Bread<br>Multigrain Sunchips<br>Fresh Apple |
| 20<br><b>HOLIDAY<br/>OBSERVED</b>  | 21<br><b>VACATION</b>  | 22<br><b>VACATION</b>   | 23<br><b>VACATION</b>   | 24<br><b>VACATION</b>  |
| 27<br>Vegetable Beef Stew W/Beans<br>Biscuits<br>Crackers<br>Cookie<br>Fruit | 28<br>Chop Suey Ww Pasta<br>Garlic Bread<br>Green Beans<br>Apple Crisp               | 29<br>Sweet Potato<br>Ww Rolls<br>Baked Ham Slice<br>Steamed Broccoli<br>Mandarin Oranges |   |  |

*All sandwiches are made using whole wheat bread  
All pizzas are made using whole wheat pizza crust*

*We are in the process of becoming a Healthy U.S. School*

**All Meals include an 8 oz. low fat/fat free Milk – Extra Milk \$ .30**

|                     |                       |               |                     |               |
|---------------------|-----------------------|---------------|---------------------|---------------|
| <b>Meal Prices:</b> | <b>Breakfast.....</b> | <b>Free</b>   | <b>Adults .....</b> | <b>\$1.25</b> |
|                     | <b>Lunch.....</b>     | <b>\$1.60</b> | <b>Reduced ....</b> | <b>\$ .40</b> |
|                     | <b>Adults.....</b>    | <b>\$3.25</b> |                     |               |