

LUNCH

February 2012

7-12 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Lasagna w/ Pasta Brussell Sprouts Ww Roll Alt. - Dagwood Mandarin Orange *Full Salad Bar Available	2 Ww Pizza/Variety Egg Salad Sandwich Canned Pears *Full Salad Bar Available	3 Assorted Sandwiches Multigrain Sunchips Fresh Fruit *Full Salad Bar Available
6 Taco Boat with Lettuce, Tomato, Cheese, Salsa, Corn Alt. - Steak & Cheese Sandwich Fresh Apples *Full Salad Bar Available	7 Chicken Fajita Wrap Cheese Broccoli w/Dip Alt. - Fishburger Canned Peaches *Full Salad Bar Available	8 Baked Beans Hot Dogs/ww roll Cole Slaw Alt. – Egg Salad Sandwich Orange *Full Salad Bar Available	9 Ww Pizza/Variety Alt. - Turkey/Cheese Sand. Banana *Full Salad Bar Available	10 Assorted Sandwiches Multigrain Sunchips Canned Fruit *Full Salad Bar Available
13 Pancakes Sausage Sweet Potato Fries Frozen Fruit Shape-Up Alt. – Rib-A-Que *Full Salad Bar Available	14 Chop Suey/ww pasta Green Beans Alt. – Tuna Melon *Full Salad Bar Available	15 Pork with Gravy Mashed Potato Spinach Oatmeal Muffin Applesauce Alt. - Dagwood *Full Salad Bar Available	16 Ww Pizza/Variety Tossed Salad w/Romaine Tomatoes Applesauce Alt. – Ham & Cheese Sandwich Canned Peaches *Full Salad Bar Available	17 Assorted Sandwiches Multigrain Sunchips Fresh Fruit *Full Salad Bar Available
20 HOLIDAY OBSERVED	21 VACATION	22 VACATION	23 VACATION	24 VACATION
27 Beef Burrito Refried Beans Salsa, Cheese Corn Alt. – Steak & Cheese Mixed Fruit *Full Salad Bar Available	28 Ham Hoagie w/Cheese Ww Roll Carrots Alt. – Italian Sandwich Peaches *Full Salad Bar Available	29 Homemade Chicken Noodle Soup ww/Roll Carrots Alt. – Bacon Cheeseburger Pears *Full Salad Bar Available		
All sandwiches are made using whole wheat bread All pizzas are made using whole wheat pizza crust			All Meals include an 8 oz. low fat/fat free Milk – Extra Milk \$.30 Meal Prices: Breakfast..... Free Adults \$1.25 Lunch..... \$1.85 Reduced \$.40 Adults..... \$3.25	
*Salad Bar Items: spinach, romaine lettuce, tomatoes, cucumbers, carrots, onions, peppers, celery, chow mein noodles, croutons, olives, pickles, fresh broccoli, chick peas, and black beans.				